

# RUN FOR MEALS

**YOU WANT TO CREATE A RELAY TEAM?  
WELL, YOU'RE OUR KINDA PEOPLE!**

## REGISTER

1. You'll need a team of 4 and one nominated runner who can set up and pay for the team. Click [here](#) and follow the links to the marathon relay.
2. On the relay page, select 'ENTER NOW' and select 'RELAY TEAM CAPTAIN', go through the personal information pages and payment. It's currently £130 between all 4 of you (£32.50 each). This fee goes to MK Marathon for your entry.
3. You'll need to think of a team name and password, the registration process will ask for this.
4. Then your other teammates need to go to the marathon site and ENTER NOW, select 'RELAY TEAM ENTRANT', they'll need the team name and password to select the correct team. Once selected it will take them through to the personal pages.

## FUNDRAISING AS A TEAM

1. Click [here](#) to go to our enthuse page.
2. Click +create a team at the top of the page.
3. Create your page and share it with all of your friends and family, letting them know what a great thing you're doing and how it will help stop children in Milton Keynes from going hungry.

**THANK YOU!**